



SPIRIT, SOUL AND BODY - How does this all work?

When Adam and Eve were created by God, He used dust to create the physical body. God then breathed life into man's lifeless body by placing spirit in man. ***Then the Lord God formed man of dust from the ground, and breathed into his nostrils the breath of life; and man became a living soul (Genesis 2:7, KJV).***

Our human spirit and soul (which is also known as our heart and is our mind, will, conscience and emotions) were originally one, not two separate entities. We are also created in the image of God.

God created man in His own image, in the image of God He created him; male and female He created them (Genesis 1:27, NASB).

God is a spiritual being with a mind, will, conscience and emotions. When man and woman were first created we were created to be Holy, just as God is Holy. The Holy Spirit was in the first man and woman created and they were able to intuitively know God's will and obey it. The word

'breath'

in greek is

Pneuma

and means spirit.

So Jesus said to them again, "Peace to you! As the Father has sent Me, I also send you." And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit" (John 21-22, NKJV).

You will see that the context of breathing on humans the breath of God is the Spirit of God. The breath of God is the life force of God. And the life force of God is life that lives on and on, the power to live eternally. In the Garden of Eden Adam and Eve's life in their fleshly body was directed by their spirit through the Holy Spirit who dwelled within man's spirit. When the serpent tempted Eve, who then tempted Adam to eat from the tree of knowledge, and they obeyed, this spelled disaster for mankind. Choosing disobedience would mean separation from God's Holy Spirit, which is exactly what happened. God removed His Holy Spirit from our human spirits. At this point you still belonged to God but are in-active to God. His Spirit will always remain connected to our human spirit (believers and un-believers) as this is our life line, to lose this would mean physical death. God also put up a wall of separation which separated us from Him in which Jesus removes when we become born again.

For He Himself is our peace, who has made both one, and has broken down the middle wall of separation, having abolished in His flesh the enmity, that is, the law of commandments contained in ordinances, so as to create in Himself one new man from the two, thus making peace, and that He might reconcile them both to God in one body through the cross, thereby putting to death the enmity. And He came and preached peace to you who were afar off and to those who were near. For through Him we both have access by one Spirit to the Father (Ephesians 2:14-18, NKJV).□

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Although this Scripture is in the context of the separation between Jews and Gentiles the Lord showed me that this also depicts the division between man and God which was represented by the tearing of the veil when Christ died on the cross. This Scripture also depicts the division between soul and spirit.□ The word 'separation' is actually partition in the KJV and means

Phragmos

in Greek which is 'That which separates. Prevents two from coming together'. The word 'man' in this Scripture in Greek is

Anthropos

and means 'To distinguish man from a different race. Two fold nature of man').□

This wall also separated soul (heart) and spirit. God separated the carnal nature of man from the spiritual nature of man.

For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart (Hebrews 4:12, NKJV).

Spirit and soul (heart) at this point are no longer one. The spirit part of man remains dormant (awaiting the return of the Holy Spirit) while the soul (heart) becomes a playground to satan. This is when man became a tripartite (meaning three parts) being.

Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ. He who calls you is faithful, who also will do it (1 Thessalonians 5:23, NKJV).

Spirit in Hebrew is **Neshamah** meaning Breath of God and **Pneuma** in Greek meaning breath/spirit/wind. Another word for spirit in Hebrew is

Ruwach

and means wind, breath, mind, spirit.

Seat or organ of mental acts. As seat especially of moral character.

Soul when taken back to Hebrew is

Nephesh

meaning life and seat of emotions and passions, heart. In Greek Soul is

Psuche

meaning breath, heart. Heart in Greek is

Kardia

meaning seat of passions, thoughts and desires. What this shows us is that spirit, soul and heart are one and the same. It also shows us that the heart is the soul of man. I had always wondered why the Bible would use spirit and soul interchangeably. Interestingly I also took the word

flesh

back to Greek also and it was translated

sarx

and means physical body and carnal nature of man (soul).

Spirit and soul were one until the separation at the fall of Adam.

God separated the

soul (heart)

of man from his

spirit

when Adam and Eve sinned in the Garden of Eden.

The heart is sometimes described as the seat of the soul and the most wicked.

Our spirit has a God conscience -

I tell the truth in Christ, I am not lying, my conscience also bearing me witness in the Holy Spirit (Romans 9:1, NKJV).

Our soul (heart) has an evil conscience until it is purified.

Let us draw near with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience and our bodies washed with pure water (Hebrews 10:22, NKJV).

I have learned that the soul which is our mind, will, emotions and conscience contains the fleshly carnal nature and our spirit which is also our mind, will, emotions and conscience contains the Godly nature. They war against each other. The spirit and soul are both spiritual and house the same things except one is fleshly, one is Godly. God wants to purify the carnal soulish nature of man so the soul and spirit both reflect Godliness and the same Godly attributes.

And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ (1

Thessalonians 5:23, KJV). The word sanctify in this passage in Greek is Hagiazō. The word sanctified in Greek is also **Hagiazō** and means 1) to render or acknowledge, or to be venerable or hallow 2) to separate from profane things and dedicate to God 2a) consecrate things to God 2b) dedicate people to God 3) to purify 3a) to cleanse externally 3b) to purify by expiation: free from the guilt of sin 3c) to purify internally by renewing of the soul.

In the Scripture above Paul is saying that our whole spirit, soul and body needs to be sanctified – all three parts of us. At the beginning of our salvation our spirit is born-again.

The Spirit Himself bears witness with our spirit that we are children of God (Romans 8:16, NKJV).

Our soul and physical body are not made new at this time. Paul talks very clearly of the war between soul and spirit (Romans 8) so we see by this that there is a work to be done in our fleshly (not born again) areas of our soul (heart) and physical body. Many believe that the moment we are born again that we are born again completely in our hearts also. This is incorrect. Our heart (soul) is the part of us that needs to be sanctified, cleansed, purged, delivered and healed.

Who hath also sealed us, and given the earnest of the Spirit in our hearts (2 Corinthians 1:22, KJV).

The word 'sealed us' in Greek is

Sphragizō

and means to

1) to set a seal upon, mark with a seal, to seal.

The word 'the earnest' (of the Spirit) in Greek is

Arrhabōn

and means

1) an earnest 1a) money which in purchases is given as a pledge or down payment that the full amount will subsequently be paid.

We see by this when we first receive the Holy Spirit our spirits bear witness with His Spirit that we are children of God, and our heart is sealed with a down payment of the Holy Spirit in which the full amount will subsequently be paid. We have not received the fullness of the Holy Spirit until the heart (soul) is cleansed, healed and made whole through the sanctification process of purification and the renewing of the soul. As the old man dies, the new man rises up in resurrection power – it is a process. Scripture also shows us that we receive our new physical body at Christ's return. This too is not made new at the moment of original conversion.

Now this I say, brethren, that flesh and blood cannot inherit the kingdom of God; nor does corruption inherit incorruption. Behold, I tell you a mystery: We shall not all sleep, but we shall all be changed— in a moment, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised incorruptible, and we shall be changed. For this corruptible must put on incorruption, and this mortal must put on immortality. So when this corruptible has put on incorruption, and this mortal has put on immortality, then shall be brought to pass the saying that is written: "Death is swallowed up in victory" (1 Corinthians 50-54, NKJV).

☐ Sanctification starts to take place the moment we are born again. Sanctification is cleansing

and healing of wounds, sin, mindsets and all carnality within our soul. Demons live in the soul and physical body of man entrenched within the carnal mindsets and wounds until the Holy Spirit deals with them. Demons cannot live in your spirit once you are born-again as this is the breath of God and reserved for God. There may be many obstacles to clear away before complete cleansing and healing of the soul is outworked. After we initially receive the baptism of the Holy Spirit we will then at some point receive the baptism of fire.

I indeed baptize you with water unto repentance, but He who is coming after me is mightier than I, whose sandals I am not worthy to carry. He will baptize you with the Holy Spirit and fire (Matthew 3:11, NKJV).

This is the purification and the testing of our hearts. It

is a process of sanctification, testing and refining before we can claim that Jesus is fully within our heart. When the heart is sanctified the end result of sanctification is the conjoining of man's spirit (which contains the Holy Spirit) back together with the cleansed and sanctified heart/soul. Man and God become one!

This is known as walking in the fullness of the Glory of God.

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Upon salvation Jesus tore down that dividing wall so that the Holy Spirit could re-enter the spirit of man and restore that connection between soul and spirit and restore the whole fallen relationship between man and God. You will remember at the Cross of Calvary Jesus tore the veil that separated the Holy Place from the Holiest of Holies. The veil was the only access provided within the wall that separated man from God. Only those whom God considered as worthy were able to enter here. Tearing down the veil also means that we are now all High Priests and can enter into the Throne room of God and enter into His presence with our hearts (when we worship in spirit and truth). The Law of God in our minds and permanently written in our hearts is activated when we are born again.

Our human spirit is where we Commune with God, and also where the gifts of the Holy Spirit operate from. Without the connection between soul and spirit we cannot comprehend them. The Law of God is in our minds (conscious) and written in our hearts. We are then made aware of God's Moral Laws and have a God-conscience.

Who show the work of the law written in their hearts, their conscience also bearing witness (Romans 2:15, NKJV).□

When we receive the baptism of the Holy Spirit, we are changed, we know we are different. We come alive. The Holy Spirit then does a work in us to completely baptise our entire heart and soul. Dependant on the state of our heart and our willingness to yield all to Jesus, this can be a quick or slow work.

A friend of mine once received a vision of the Holy Spirit as a huge white encompassing cloud with many umbilical cords hanging down entering His children. This umbilical cord I believe is the silver cord. ***Remember your Creator before the silver cord is loosed, Or the golden bowl is broken, Or the pitcher shattered at the fountain, Or the wheel broken at the well (Ecclesiastes 12:6, NKJV).***

The Holy Spirit showed me that at death our spirit/soul leaves our physical body. The physical body returns to dust, and the spirit returns to Father.

Then the dust will return to the earth as it was, And the spirit will return to God who gave it (Ecclesiastes 12:7, NKJV).

The spirit/soul goes back to God for judgement. The spirit/soul of man will go to eternal paradise or to Hell to live in eternal torment. This is entirely dependent on whether the connection has been restored to God if we have chosen Jesus. Has our soul been restored back with our spirit as one again or is it still divided and separated from our creator?
When we choose Jesus we choose life, if not we choose death!

But what does it say? “The word is near you, in your mouth and in your heart” (that is, the word of faith which we preach): that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation. (Romans 10:8-10, NKJV).

□ ***And because you are sons, God has sent forth the Spirit of His Son into your hearts, crying out, “Abba, Father!” (Galatians 4:6, NKJV).***

□ ***Jesus answered and said to him, “Most assuredly, I say to you, unless one is born again, he cannot see the kingdom of God”. Nicodemus said to Him, “How can a man be born when he is old? Can he enter a second time into his mother’s womb and be born?” Jesus answered, “Most assuredly, I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God. That which is born of the flesh is flesh, and that which is born of the Spirit is spirit. Do not marvel that I said to you, ‘You must be born again.’ The wind blows where it wishes, and you hear the sound of it, but cannot tell where it comes from and where it goes. So is everyone who is born of the Spirit” (John 3:3-8, NKJV).***

□ ***On the last day, that great day of the feast, Jesus stood and cried out, saying, “If anyone thirsts, let him come to Me and drink. He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water.” But this He spoke concerning the Spirit, whom those believing in Him would receive; for the Holy Spirit was not yet given, because Jesus was not yet glorified (John 7:37-39, NKJV).***

The Spirit Himself bears witness with our spirit that we are children of God (Romans 8:16, NKJV). *You will see by the following three scriptures (John 3:3-8, John 7:37-39 and Romans 8:16) that when we are born again, rivers of living water (Jesus) flow from our hearts and our spirit bears witness with the Holy Spirit.

By Tania Francis

See also [Sancification of God's Holy Temple](#)